



For more Information or an appointment,  
please call us on: 03 9331 7200



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**Detox Box** - The Benefits of FAR Infrared Technology are astounding:

We invite you to experience the ultimate in body detoxification - indulge in our Detox Box ...

The Detox Box uses safe and naturally occurring Far Infrared Rays to effectively detoxify many of the body's lifelong accumulated toxins and heavy metals. It assists in the clearing of cellulite, improvement of skin tone and weight management. Many of today's toxins and heavy metals are difficult to remove from the body. The Detox Box allows one to sweat these toxins, which include mercury and lead from the body. A great sense of relaxation and revitalization occurs as your body releases endorphins. Research shows that endorphins ("happy hormones") can enhance the immune system, relieve pain, reduce stress and postpone the aging process.

### **Clear Cellulite**

There have been many cellulite treatments over the years. Research suggests that cellulite becomes water soluble at 43oC. This gel-like substance which is made up of fat, water and waste products can be sweated away.

### **Assist in Weight Management**

The Detox Box can make you sweat the same amount as a 10km run with far greater comfort. It can help trigger fat burning and the clearing out of lipophilic toxins stored in the body's fat cells. Once the store of these pollutants has been diminished, weight loss becomes an easier process. By using The Detox Box, it is possible to burn up to 600 calories in just one 30-minute session.

### **Improve Skin Tone**

Studies have shown that the gentle Far Infrared Rays support the energy of the body's cells. This can in turn improve the look and function of the skin.

The most effective way to get a full body detox.

Any or all of these benefits may be achieved when you indulge:

- Cellulitis reduction
- Weight Loss (Burns 600 calories per 30 minute session)
- Stress Relief (Insomnia) provides immense relaxation
- Varicose Veins
- Acne, Skin rashes, Clogged pores, poor skin tone
- Healing of scar tissue, burns and wounds (old & new)
- Allergies - Asthma, Bronchitis, Hay fever, etc.
- Pain Relief - Arthritis, Rheumatism
- Chemical sensitivities (Chemical toxin overload)
- Drug Abuse (prescription and recreational)
- Negates the effects of toxic electromagnetic radiation from mobile phones, computers, etc.
- Best thing to use for severe sunburn
- Sports Injuries (speeds up the healing)
- Blood circulation, cold hands and feet
- High blood pressure, Low blood pressure
- Menopause, PMS
- Chronic Fatigue
- Leg Ulcers
- Diabetes
- Haemorrhoids
- Cystitis