



For more Information or an appointment,
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SKIN + BODY SCIENCE CLINIC

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Information on Microdermabrasion, UltraSonophoresis

Microdermabrasion

Microdermabrasion is a technique used for removing the damaged, upper layers (stratum corneum) of the skin in order to reveal the more supple, radiant skin beneath, giving you an immediate improvement in your skin's appearance. The stratum corneum sheds naturally when we are very young, but as we age this process slows, allowing this layer to accumulate on the surface and to obscure the healthy cells below.

The controlled abrasion and suction of Microdermabrasion also prepares the skin for application of exfoliants, including Lactic and Vitamin A solutions, in order to reveal the younger, smoother, more evenly textured skin beneath as well as to promote new cell growth to plump fine lines, wrinkles and shallow scars. This method of skin rejuvenation on the face and body improves the overall look, feel, texture and colour of the skin; it can reduce pigmentation, large pores and soften acne scarring.

A course of Microdermabrasion treatments achieve a result that approaches that of a Chemical Peel, but is less invasive and usually requires no significant downtime. Normal activities may usually be resumed immediately after treatment, though there may be some flaking for 5 to 7 days. Softer, smoother and clearer skin is usually noticeable after the first treatment. Optimum results may require a series of 4 to 6 sessions over 12 weeks depending on the condition being treated and quality of the skin.

What is Microdermabrasion good for?

- Sun damaged skin- face, neck and shoulders
- Age spots - hands and face
- Reduction of minor to moderate early ageing fine lines
- Blending of cosmetic surgery or laser treatments
- Reduction in acne scarring
- Extraction of blackheads and whiteheads
- Minor scar revision
- Hyperpigmentation
- Oily skin
- Rejuvenation of skin health



UltraSonophorsis

This treatment will give you a deep penetration of active ingredients for longer lasting results. It allows for intense transdermal penetration of active ingredients to improve the skins overall appearance.

UltraSonophoresis Skin Workout Treatments are excellent for:

Excellent companion treatment following peel or Microdermabrasion

To ensure you achieve maximum results, homecare is essential to:

Increase skin suppleness and glow, Improve skin appearance rapidly,

Revitalise skin's appearance, and stimulate new cell growth. Prepare your skin at least two weeks prior to any facial treatments. Your skin care professional will recommend the appropriate Pre Peel Kit for you.